



MATERIAL & SETUP

PREPARATION

- SKIS:** Check the edges, wax the base, and repair any minor damage.
- SKINS:** Check the glue, adhesion and any possible damage
- BINDING:** Test functionality, clean it, check screws and moving parts, lubricate where needed, and inspect ski crampons.
- TOURING BOOTS:** Clean the inserts, check buckles/straps, and dry the liner.
- CRAMPONS:** Check compatibility with your boots.
- TOURING POLES:** Check functionality and baskets.
- BACKPACK:** Check the ski carry system, buckles, straps and volume.
- SMALL ESSENTIALS:** Pack or top up a ski strap, cable ties, a multitool and wax.

This list is a general recommendation. The final choice of equipment is the sole responsibility of the ski tourer and must be adapted to the current conditions (weather, avalanche situation and terrain).